

INTERNATIONAL SKATING UNION

Communication No. 1373

**ISU
ANTI-DOPING
PROCEDURES**

to the

ISU ANTI-DOPING RULES

compiled in accordance with

**The
World Anti-Doping
Code**

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INTRODUCTION

These ISU Anti-Doping Procedures take into account the ISU Anti-Doping Rules. Both the ISU Anti-Doping Rules and ISU Anti-Doping Procedures have been compiled in accordance with the World Anti-Doping Code and are effective immediately following approval by the ISU Council and publication in this Communication.

References to the WADA Prohibited List are to the currently valid version of the List, as published by WADA (see ISU Anti-Doping Rules Articles 4.1 and 4.2).

A – TESTING

- A.1 Reference is made to Article 5.1 of the ISU Anti-Doping Rules, Authority to Test, and Article 5.2, Responsibility for Testing.
- A.2 Anti-Doping Agencies and/or Sample Collection Agencies conducting Testing on behalf of the ISU must comply with the ISU Anti-Doping Rules and Procedures.
- A.3 The Anti-Doping Testing procedure at any In-Competition Testing or Out-of-Competition Testing may include Blood Sampling in addition to Urine Sampling. The Doping Control Notification shall state whether the Skater is required to undergo Blood Sampling in addition to Urine Sampling. Blood Sampling may be performed prior to, or after the Urine Sampling procedure at the convenience of the Doping Control Officer (DCO).
- A.4 The guidelines set out in the ISU Rules and Procedures apply to both In- and Out-of-Competition Testing.
 - A.4.1 During Out-of-Competition Urine Testing the following classes of Substances will be tested:
 - Anabolic Agents
 - Class I.D
 - Diuretics
 - Peptide Hormones; Mimetics and Analogues
 - Agents with anti-oestrogenic activity
 - Masking agents
 - Prohibited methods
 - Out-of-Competition Blood Testing may also be carried out.
 - A.4.2 All Samples provided by Skaters (urine and/or blood) immediately become the property of the ISU.
- A.5 Additional Guidelines for Testing
 - A.5.1 All tests conducted at ISU events shall use the ISU Anti-Doping Forms, which should be obtained from the ISU Secretariat. These forms must also be used by Anti-Doping Organizations carrying out ISU Out-of-Competition tests.

- A.5.2 These guidelines must be followed as closely as possible, however deviation(s) from these guidelines shall not invalidate the finding of a Prohibited Substance or Method, unless it was such as to cast substantial doubt on the reliability of the finding. (See Article 3.2.2 of the ISU Anti-Doping Rules)
- A.5.3 Skaters selected for Out-of-Competition Testing will be notified by the Doping Control Officer or Chaperone appointed by the Anti-Doping Organization approved by the ISU to conduct the Testing. They will provide the Skater with identification and a letter of authority to test, indicating that they are a Doping Control Officer. They will notify the Skater of the following:
- i) That the Skater is required to undergo Testing;
 - ii) The type of Testing to be done, either blood or urine or both;
 - iii) Any conditions that need to be adhered to prior to sample collection;
 - iv) Inquire if the Skater requires or requests an interpreter;
 - v) Of the requirement by the Skater to show Identification;
 - vi) Of the requirement for the Skater to sign the notification part of the Anti-Doping Form;
 - vii) Advise the Skater that they will be chaperoned until the sample is collected;
 - viii) Advise the Skater of possible consequences of failure to comply;
 - ix) Advise the Skater of location of the Anti-Doping Station where the tests will be conducted.
- A.5.4 Skaters selected for Anti-Doping tests shall be notified by a representative of the Anti-Doping Commission (ADC) using the ISU Anti-Doping Form or, if approved by the ISU, may be notified with forms from the assigned Anti-Doping Agency conducting the tests. Skaters must acknowledge notification by signature and must appear with photographic identification immediately, and no later than one hour after notification. They must be accompanied at all times after notification by a representative of the ADC of the same sex. (For exception see Articles 5.5 and 5.6 below)
- A.5.5 At Speed Skating World Cup competitions, the announcement of the Skater(s) selected for Anti-Doping Testing is made after the completion of the second race of the selected Skater(s). However if the selected Skater is only competing in one race on that day the announcement will be made after the completion of his/her race.

- A.5.6 Any Skater achieving a World Record time in a World Cup competition or ISU Championship must undergo an Anti-Doping test in accordance with Rule 273, 4 f) and Rule 295, d) of the ISU Special Regulations for Speed Skating 2002. They will be accompanied, at all times, by a representative of the ADC of the same sex. They will report for Anti-Doping Testing at that time according to Article 5.4 but if the Skater has been entered for a subsequent race on the same day, he/she is not required to do so until immediately after competing in this subsequent race of the day. Should this be the case, they will be accompanied at all times during the period between their races. If the Skater setting the World Record time chooses to complete their Anti-Doping Testing after their first race they would not be observed following completion of this Anti-Doping Test. However they may be subject to random selection for Anti-Doping Tests following any subsequent races that day. If this Skater sets a World Record time in any subsequent race the same day, a separate Anti-Doping Test must be done after this race. In team disciplines, if a World Record is achieved then a minimum of two skaters from the team shall be tested.
- A.5.7 The representative of the ADC shall give the ISU Anti-Doping Forms to the official in charge of the Anti-Doping Station who shall keep them on file.
- A.5.8 Should the Skater fail to report to the Anti-Doping Station within the time laid down in Article 5.4, this fact shall be recorded on the Anti-Doping Form, signed by the Official in charge of the station and delivered immediately through the Chairperson of the ADC to the ISU Representative. The sampling procedures shall still be carried out. The Skater is then liable for sanctions according to Article 10.0 of the ISU Anti-Doping Rules.
- A.5.9 Upon arrival at the Anti-Doping Station, the Skater and one person acceptable to the Skater shall be attended in the waiting room by a member of the ADC who shall confirm the identity of the Skater, and shall note the time of arrival. Once the Skater has reported to the Anti-Doping Station he or she must remain there unless permission to leave is granted by the Chairman of the ADC, and must be continuously chaperoned by an Anti-Doping Official until the sampling procedure is complete.
- A.5.10 Personal belongings of the Skater and accompanying person may be searched for evidence of manipulation any time during the sampling procedure.
- A.5.11 No photographs, video or tape recordings may be taken inside the Anti-Doping Station during Anti-Doping Testing. All communication devices must be switched off during the sampling procedure.

- A.5.12 In addition to the Skater and the one accompanying person, only the following persons may be present in the Anti-Doping Station:
- The official in charge of the Anti-Doping Station;
 - A medical technician, whose duties may include keeping records;
 - A representative of the ISU;
 - An ISU Medical Advisor;
 - The Chairperson of the ADC;
 - The Official (lady and/or man) in charge of taking and witnessing samples;
 - An Interpreter;
 - An escort for each Skater;
 - Administration support personnel as necessary.
- A.5.13 The Skater shall select a sealed sterile urine collector. He or she shall then void a minimum of 75 ml of urine into the collector, witnessed by a member of the ADC of the same sex. Any clothing preventing the direct observation of the urination shall be removed.
- A.5.14 If the Skater refuses to comply, this shall be noted on the Anti-Doping Form and the Chairman of the ADC and the ISU Representative shall be informed. The ISU Representative shall then decide on the further steps to be taken. The Skater is then liable for sanctions according to Article 10.0 of the ISU Anti-Doping Rules.
- A.5.15 If a Skater is unable to provide a sufficient volume of urine, the sample shall be sealed with a tamper-proof seal and documented. If needed, only sealed drinks should be provided for the Skaters. When an adequate sample volume is available from the Skater, the sample container seal may be opened and the sampling procedure completed.
- A.5.16 The Skater shall then select two tamper-proof bottles in a sealed bag, and transfer approximately two thirds of the urine from the collecting vessel into bottle A and one third into bottle B and close the bottles to ensure that there is no leak. The Anti-Doping Officer shall measure the specific gravity and the pH of the urine left in the collecting vessel. If the sample does not meet the criteria of the sg of 1.010 or higher (using sticks) or 1.005 (using a refractometer) and a pH of not less than 5 and not greater than 7, then further samples may be required. If during Testing the sample has evidence of blood, then a second sample may be requested. Code numbers selected by the Skater will be affixed to these bottles unless already on the bottles (Versapak or Bereg systems).
- A.5.17 The bottles shall then be sealed using a tamper-proof method, which cannot be violated without leaving obvious evidence of such violation. All remaining urine shall be discarded immediately after sample collection procedures are complete.

- A.5.18 The bottle code numbers shall be entered on the Anti-Doping Form.
- A.5.19 The Skater shall declare any medication and nutritional supplements that he/she may have taken in the preceding three days and the Anti-Doping Officer shall record this on the Anti-Doping Form.
- A.5.20 The Skater and team official shall certify by signing the form that the details are correct and accurate and that there have been no irregularities in the entire sample taking and sealing procedure. The Chairperson of the ADC and/or ISU Representative shall check and sign the Anti-Doping Form. The Skater is given his/her copy. Laboratory copies of the Anti-Doping Form for urine samples shall be placed in a separate envelope that shall be placed in the transport container with the samples. The ISU copy is returned to the ISU Secretariat in Lausanne. The remaining copy is retained on file by the ISU Medical Advisor, ISU Representative or Referee.
- A.5.21 The sealed samples are placed in transmittal bags or containers and sent with the appropriate ISU Chain of Custody Forms. Each transport container shall then be sealed. The chain of custody shall be maintained by signature until arrival at the laboratory.

A.6 Analysis of Samples

- A.6.1 The principles for the analysis of Samples are described in Article 6.0 of the ISU Anti-Doping Rules and the International Standard for Laboratory Analysis.
- A.6.2 Analysis of blood Samples may be carried out by the specialist Doping Control Agency's qualified expert using mobile Testing units or at a recognised laboratory for the analysis of blood Samples, as approved by WADA or the ISU.
- A.6.3 If at any stage a question or issue arises on the Testing or interpretation of results, the person responsible for Testing at the laboratory may consult the ISU for guidance.
- A.6.4 If at any stage a question or issue arises in relation to the Sample and its analysis, the laboratory may conduct any further tests necessary to clarify the issue raised and such tests may be relied upon by the ISU when deciding whether a Sample has tested positive for a Prohibited Substance or Method.

A.7 Analysis of B Samples

- A.7.1 In the event that the Member on behalf of the Skater requests the analysis of the B Sample, as provided for in Article 7.1 of the ISU Anti-Doping Rules, the costs associated with the analysis of the B Sample (attendance by Skater or representative, etc.) are the responsibility of the Member of the Skater who provided the positive A Sample. If a representative of the ISU is appointed to attend the analysis of the B Sample, his/her travel expenses are paid

by the ISU. A Skater may accept the A Sample analytical results by waiving the requirement for B Sample analysis (Article 7.1.4 of the ISU Anti-Doping Rules).

- A.7.3 The analysis of the B Sample will be carried out according to Article 7.15 of the ISU Anti-Doping Rules.
- A.7.4 Until such time that WADA has the Clearing House in place all results from all analyses will be sent without delay **ONLY** to the ISU General Secretary and only in the case of a positive test to WADA. Once the WADA Clearing House has been activated all results from all analysis will be sent without delay to both the ISU General Secretary and WADA.

B - IN-COMPETITION TESTING

- B.1 As outlined in Article 5.1.2 of the ISU Anti-Doping Rules, Anti-Doping Tests must be carried out in accordance with the current ISU Anti-Doping Rules and Procedures at the following events: ISU Championships, World Cup Competitions (Speed Skating and Short Track Speed Skating), Regional Qualifying Events for World Allround Speed Skating Championships, Grand Prix of Figure Skating and Final and Junior Grand Prix of Figure Skating and Final, Open International Competition, and all other events designated by the ISU Council. These tests will be conducted under the supervision of an ISU Medical Advisor, by a specialist Anti-Doping Testing Agency appointed by the ISU or by the National Anti-Doping Agency of the host country.
 - B.1.1 At ISU Championships, the ISU Junior Grand Prix of Figure Skating and Final and ISU Grand Prix of Figure Skating and Final, Open International Competitions and other International Competitions where Anti-Doping Tests are required according to the ISU Anti-Doping Rules, it is the financial responsibility of the organizing Member to provide Anti-Doping equipment, facilities for analysis of samples, transportation of samples and to carry out Anti-Doping Tests in accordance with the ISU Rules and Procedures. Members failing to provide such services and equipment will be subject to disciplinary action according to Articles 12.1 or 12.3 of the ISU Anti-Doping Rules.
 - B.1.2 All Anti-Doping expenses incurred by the Members organizing World Cup and Qualifying Events for the ISU Championships where no ISU support is provided, shall be reimbursed by the ISU.
 - B.1.3 The local Organising Committee will be responsible for the logistical costs of the Doping Control Officers on site, including accommodation and meals, except as listed in Articles C.1.2 and B.9.
 - B.1.4 The Medical Advisor or the approved Anti-Doping Agency will make direct contact with the Organisers with regards the logistical arrangements.

- B.1.5 All Doping Control Officers and Chaperones require the necessary accreditation to access the relevant areas.
- B.2 Supervision
- B.2.1 An ISU Medical Advisor for the ISU World Championships is appointed by the ISU Council and will be responsible at the designated event for liaising with the Organising Committee and the Anti-Doping Agency carrying out the Testing and includes the organisational aspects, and providing information to the teams.
- B.2.2 When no ISU Medical Advisor is present, a representative of the ISU and/or an approved physician or Anti-Doping Agency may carry out this role.
- B.3 Facilities, Equipment and Personnel: see Annex B - Equipment and Facilities
- B.3.1 Doping Control Station
The Organiser shall provide a Doping Control Station that is used solely as a Doping Control Station for the duration of the Anti-Doping Testing during the event. It is to be situated near to the Skater's changing rooms and clearly marked, where Urine and Blood Sampling can be undertaken. The Doping Control Station must consist of a separate waiting area, an administrative working room with running water for a sink and separate toilet area. A lockable refrigerator must be available on request for the administrative room.
- B.3.2 Sealed refreshments (mineral water, soft drinks, fruit juice, etc.) must be available in the waiting area. These drinks should only contain water, minerals, sweeteners and carbohydrates. As per the ISU Memorandum the Doping Control Station is also equipped with a TV set. The Doping Control Station shall be adequately equipped with facilities to allow the Doping Control Officer(s) and Blood Collection Official(s) to wash their hands and fulfil usual medical standards.
- B.3.3 Sample Collection Equipment
Sample collection equipment is provided by the Member, the National Anti-Doping Agency or the ISU Appointed Anti-Doping Agency responsible for carrying out the tests. It is the responsibility of the Member to confirm which of these organizations will provide the equipment for Testing. The forms for the Anti-Doping Testing must be obtained from the ISU Secretariat.
- B.3.4 Support Personnel: see Annex B
The Organiser shall provide a sufficient number of Chaperones, all of whom must be of legal age under the laws of the host country, to accompany the Skaters after they have been selected to undergo an Anti-Doping Test. They should be able to communicate in English and if possible other languages and be able to recognise the Skaters on sight. Otherwise the Organiser shall provide an additional person who can assist the Chaperone to identify a Skater.

It is helpful if the Chaperones can assist with translation during the Doping Control procedure.

B.3.5 Accreditation of Doping Control Personnel

The Organiser shall be responsible for ensuring that all Doping Control Personnel, including WADA Independent Observers, receive appropriate accreditation to enable them to access the necessary areas.

B.4 Selection and number of Skaters to be tested

B.4.1 The method of selecting Skaters and the total number to undergo post-competition Testing must be decided before the beginning of each competition and is outlined in Article 5.7.1 of the ISU Anti-Doping Rules and Article B.4.3 and B.5 of the ISU Procedures.

B.4.2 Skaters selected at random will be drawn by the ISU Representative or their delegate, in the presence of the ISU Medical Advisor, when present, and/or the DCO from the assigned Anti-Doping Agency, based on the ISU Procedures.

B.4.3 The selection of the Skaters has to be implemented by the final result so that the Skaters or team officials have no warning before the end of the race/event in which the Skater is scheduled for Doping Control.

B.4.4 Once a Skater has received notification for Testing, the Doping Control Officer/Chaperone shall keep the Skater under observation at all times. This applies to all activities such as a post-competition warm down which must be carried out under the observation of the Doping Control Officer/Chaperone.

B.4.5 Any Skater participating in ISU competitions may be subject to Testing. The notification may not infringe on the competition itself and shall respect the competition programme. Inappropriate timing of a request to provide a Sample however will not invalidate the request. Skaters may note any concerns on the Doping Control Forms.

B.5 Skaters Selected for Anti-Doping Post Competition

B.5.1 The following guidelines for the different disciplines and events are given to assist the Doping Control Officers, ISU Medical Advisor and ISU representative in determining the Skaters to be tested and selected at random.

B.5.2 Figure Skating

B.5.2.1 In ISU Championships the following minimum Anti-Doping Tests will be carried out: the four best ranked Skaters of the final result in the Singles (after the Free Program), Pair Skating (after the Free Program) and Ice Dance (after the Free Dance) shall be tested. One

Skater from the remainder of the Skaters shall be selected by random draw in Singles, Pair Skating and Ice Dance. In Pair Skating and Ice Dance either the man or the lady but not both shall be tested and shall be selected by random draw.

- B.5.2.2 If there are qualifying rounds, Anti-Doping Tests may be carried out at this time. In this case at least one Skater will be randomly selected from each group, A and B, men and ladies. Skaters may be tested more than once during the competition.
- B.5.2.3 Additional Skaters may be selected for Anti-Doping Testing by the ISU Representative or at his/her discretion by the Chair of the ADC. Such selection may be based upon a random draw determined by the placement in a previous portion of that competition, or by the final result.
- B.5.2.4 In the ISU Junior Grand Prix of Figure Skating and Final, the ISU Grand Prix of Figure Skating and Final and Figure Skating Olympic Qualifying Competitions, Anti-Doping Tests will be carried out on the best Skater of the final result in Singles (after the final free program), Pair Skating (after the final free program) and Ice Dance (after the final free dance). One Skater from the remainder of the Skaters shall be selected by random draw in Singles, Pair Skating and Ice Dance. In Pair Skating and Ice Dance either the man or the lady, but not both, shall be tested and shall be selected by random draw. Anti-Doping Tests will be carried out according to the current ISU Anti-Doping Rules.
- B.5.2.5 In Open International Competitions or New Method/System Competitions sanctioned by the ISU, Anti-Doping Tests are mandatory and all Skaters competing at International Open Competitions or New Method/System Competitions including the ineligible Skaters may be tested. In addition to the winner, a minimum of 1 Skater per discipline shall be selected by random draw to be tested.
- B.5.2.6 Prior to the Open International Competitions, all Skaters entered for such competitions must accept in writing to be submitted to Anti-Doping Tests that will be conducted under the control of the ISU Member and in consultation with the ISU Medical Advisor. Skaters who refuse to accept this procedure will not be allowed to skate. In case of refusal to give the required sample after the competition (after initially having agreed) and in case of positive results, sanctions as per the ISU Rules will apply for the eligible Skaters.

For the ineligible Skaters the ISU Council will take the necessary decision, which could consist of preventing the ineligible Skater involved from being invited to Open International Competitions/ New Method/ System Competitions for a certain period of time, as well as withholding the payment of prize money and other benefits. In this respect, the organizers will pay the Skaters' benefits after the competitions and only upon receipt of the Anti-Doping Test results.

B.5.3. Synchronized Skating

B.5.3.1 For the World Synchronized Skating Championships and other Events designated by the ISU, two Skaters randomly selected from the 1st, 2nd and 3rd placed teams and two Skaters from one randomly selected team shall be tested. All Skaters tested must have competed in either the short or free program. Both the junior and senior teams will be tested. At the time of the draw two alternative numbers from all teams to be tested will be drawn to ensure that the Skaters tested have skated in the competition.

B.5.4 Speed Skating

B.5.4.1 For Two Day Championships

Minimum Skaters to attend the Anti-Doping Tests:

- **First day** - For both ladies and men the best ranked and two other Skaters, randomly drawn, in the long distance shall be tested.
- **Second day** – For both ladies and men the four best ranked of the final result and two other Skaters randomly drawn shall be tested.

B.5.4.2 For Three Day Championships

Minimum Skaters to attend Anti-Doping Tests:

- **First day** – For both ladies and men the overall best ranked and one other Skater, randomly drawn, shall be tested.
- **Second day** – For both ladies and men the overall best ranked and one other, randomly drawn.
- **Third day** – For both ladies and men the three best-ranked Skaters of the final result and two other Skaters, randomly drawn, shall be tested. In a three day Championship where the program for the ladies and men is completed in two days then the 2-day selection procedure in paragraph 5.4.1 will apply.

B.5.4.3 Team Pursuit Events.

In team pursuit events one Skater, who has participated, from the winning team and one Skater from a randomly selected team will be asked to attend for Anti-Doping Tests. The Skater from each team will be randomly selected from the team list.

B.5.4.4 For World Single Distances Speed Skating Championships

Minimum Skaters to attend Anti-Doping Tests: For both ladies and men the best ranked and one randomly selected Skater in each distance shall be tested. The same Skater will be tested only once on the same day with the exception of necessary Testing for the setting of a world record. If the randomly selected Skater is competing in two different distance races on the same day the conditions regarding random selections referred to in Article A.5.5 will apply. If the winner of a race is competing in a second race on the same day he/she will be treated according to Article A.5.6, similar to world record holders.

B.5.4.5 For World Cup Competitions

Minimum Skaters to attend Anti-Doping Tests: For both ladies and men, for each distance three randomly selected Skaters shall be tested. In competitions where there are Divisions A and B, two randomly selected Skaters from Division A and one randomly selected Skater from Division B will be tested. The same Skater selected on this random basis will be tested only once on the same day. However if this same Skater subsequently sets a world record he/she will be notified of further doping control based on the world record time and not on random selection in accordance with Article A.5.6. In this case an additional randomly selected Skater will be tested.

B.5.5 Short Track Speed Skating

B.5.5.1 For the World Short Track, Junior World Short Track and European Short Track Speed Skating Championships

Minimum Skaters to attend Anti-Doping Test:

- The first and one randomly selected Skater, from the ranking list in each of the distances 1500, 1000, 500 meters, men and ladies, will be tested. On the final day after the overall ranking, the 1st, 2nd and one randomly selected Skater, ladies and men, will be tested.

- In the relay competition, on the final day, one Skater who participated in the relay competition, from a team selected at random, ladies and men, will be tested. This Skater from the relay team will be selected at random from the team list provided by the Competitors Steward. The same Skater will be tested only once on the same day.
- If the winner of a distance is competing in a second distance on the same day he/she will be treated according to Article A.5.6, similar to world record holders.

B.5.5.2 For World Short Track Speed Skating Team Championships

Minimum Skaters to attend Anti-Doping Test:

- On the first day, after classification of each bracket, including the semi-finals and repechage for ladies and men, one Skater from the 1st, and one Skater from one other randomly selected team from each of the groups will be asked to attend for Anti-Doping Tests. The random Skater from each of the teams will be selected from the team lists provided by the Competitors Steward.
- On the final day after the overall classification for ladies and men, one Skater from the 1st, 2nd, and 3rd teams will be asked to attend for Anti-Doping Tests. The random Skater from each of these teams will be selected from the team lists provided by the Competitors Steward.

B.5.5.3 For Short Track Speed Skating World Cup Competitions

Minimum Skaters to attend Anti-Doping Tests:

- For each distance classification (500 m, 1000 m, 1500 m), the first and one Skater selected randomly, ladies and men, will be tested.
- For the relay competition, after the final classification, one Skater who participated in the relay competition, from a randomly selected team in the top 4 ranked teams, ladies and men, will be tested. This Skater from the relay team will be selected at random from the team list provided by the Competitors Steward. The same Skater will be tested only once on the same day.

If the winner of a distance is competing in a second distance on the same day he/she will be treated according to Article A.5.6, similar to world record holders.

B.5.5.4 For Short Track Speed Skating Olympic Qualifying Competitions

The minimum Skaters to attend Anti-Doping Tests:

- The first ranked plus one Skater from 1500, 1000 and 500 meters, men and ladies, selected by random draw will be tested.
- In the relay competition two Skaters who participated in the relay competition from two different teams, selected at random, ladies and men, from the 8 ranked teams, will be tested. These Skaters from the relay teams will be selected at random from the team lists provided by the Competitors Steward. The same Skaters will be tested only once on the same day.

If the winner of a distance is competing in a second distance on the same day he/she will be treated according to Article A.5.6, similar to world record holders.

B.6 Notification and attendance at the Doping Control Station

B.6.1 Details of the notification procedure and attendance at the Doping Control Station are described in Article A.5.4, A.5.5 and A.5.6.

B.6.2 The following persons may be authorised to be present in the Doping Control Station:

- The ISU Medical Advisor, appointed ISU Official, or ISU approved Physician.
- The Chief Anti-Doping Officer who is appointed by and approved by the ISU.
- At least one other Anti-Doping Officer.
- Additional members such as secretaries, attendants, couriers, chaperones, all of whom must be of legal age under the laws of the host country, to aid in the carrying out of the duties and function necessary for Anti-Doping Testing as described in the International Standards for Testing.
- The Skater and team official and/or an interpreter.
- The minor Skater may request to have a representative observe the Chaperone when the minor Skater is passing the urine sample, but without the representative directly observing the passing of the sample unless requested to do so by the Skater.

B.6.3 Photographs or films may not be taken in the Doping Control Station at any time during Doping Control. It is recommended that an Official be positioned outside the Doping Control Station to monitor the flow of people in and out and to keep unauthorised persons from entering the station.

C - OUT-OF-COMPETITION TESTING

C.1 Notification of Out-of-Competition Testing is outlined in Article A.5.3 of the ISU Anti-Doping Procedures.

C.2 Substances and methods tested in Out-of-Competition are listed in Article A.4.1 of the ISU Anti-Doping Procedures.

C.3 Registered Testing Pool

The following are the criteria to determine the Skaters listed in the ISU Registered Testing Pool:

C.3.1 Figure Skating

Skaters ranked in the top 10 of the previous season's World Figure Skating Championships and Junior Skaters ranked in the top five of the previous season's World Junior Figure Skating Championships of each discipline of Figure Skating (singles Men and Ladies, Pairs and Ice Dance) shall be included in the ISU Registered Testing Pool. Additional Skaters may be added by the ISU based on Anti-Doping test results and performance. Any Skater who progresses into the top 10 of the above lists during the season will automatically be included in the ISU Registered Testing Pool. A Skater who drops out of the top 10 of the above lists will only be excluded at the end of the season (30 April) or following official announcement of retirement to the ISU by his/her Member. Additionally any Skater who is not ranked in the top 10 of their specific discipline and may be entered for a major ISU Event (World Championships, Olympic Winter Games) may also be included in the ISU Registered Testing Pool.

C.3.2 Speed Skating

For both ladies and men the participants of the previous season's World Allround Championships, World Sprint Championships, the 5 best ranked of each distance in the World Single Distances Championships, and the 3 best ranked Skaters from last season's World Junior Championships shall be included in the ISU Registered Testing Pool. Additional Skaters may be added by the ISU based on Anti-Doping Test results (urine and/or blood), and performance. A Skater who drops out of the above ranking list will only be excluded at the end of the season (30 April) or following official announcement of retirement to the ISU by his/her Member. Additionally any Skater who is not ranked in this list but may be entered for a major ISU Event (World Championships, Olympic Winter Games) may also be included in the ISU Registered Testing Pool.

C.3.3 Short Track Speed Skating

For both ladies and men the participants of the previous seasons World Short Track Speed Skating Championships and the 5 best ranked Skaters from last season's World Short Track Junior Championships shall be included in the ISU Registered Testing Pool. Additional Skaters may be added by the ISU based on Anti-

Doping Test results (urine and/or blood), and performance. A Skater who drops out of the above list will only be excluded at the end of the season (30 April) or following official announcement of retirement to ISU by his/her Member. Additionally any Skater who is not on the above list but may be entered for a major ISU Event (World Championships, Olympic Winter Games) may also be included in the ISU Registered Testing Pool.

C.3.4 Synchronized Skating

Skaters ranked in the top two teams from the previous World Championships shall be included in the ISU Registered Testing Pool. Additional Skaters may be added by the ISU based on Anti-Doping test results and performance. Any Skater who moves into the top two teams during the season should be included in the ISU Registered Testing Pool. A Skater who drops out of the top two teams will only be excluded at the end of the season (30 April) or following official announcement of retirement to the ISU by his/her Member. Additionally any Skater who is not ranked in the top two teams of the World Championships and may be entered for a major ISU Event (World Championship) may also be included in the ISU Registered Testing Pool.

C.3.5 Retirement and Return to Competition

A Skater ranked within the above criteria of the respective discipline at the time of retirement, who decides to return to competition and is re-registered with the ISU by his/her Member, will be included in the ISU Registered Testing Pool for the current season (until 30 April) after which time the above criteria will apply.

C.4 Skaters Whereabouts Information

The requirement for up-to-date whereabouts information is defined in Article 5.5 of the ISU Anti-Doping Rules. Any correspondence with regards to whereabouts information will be sent to the Member of the Skater.

C.4.1 During May of each year, each Member with Skaters who qualify for inclusion in the ISU Registered Testing Pool will be sent a list of such Skaters and whereabouts forms for completion. These forms are also available for completion on-line.

C.4.2 The requirement for the provision of whereabouts information for new Skaters who reach the criteria for inclusion in the ISU Registered Testing Pool during the course of the season will be sent to the Member of the Skater after the criteria have been reached.

C.4.3 Similarly, the requirement for the provision of whereabouts information for Skaters subject to Reinstatement Testing as defined in Article 10.10 of the ISU Anti-Doping Rules will be sent to the Member of the Skater.

C.4.4 Notification of Skaters for Out-of-Competition Testing is defined in Article A.5.3 of the ISU Anti-Doping Procedures.

C.5 Costs for Out-of-Competition Testing organised and carried out by the World Anti-Doping Agency (WADA) or the ISU are covered by WADA and/or the ISU.

C.6 Waiver

The nature of Out-of-Competition Anti-Doping Testing makes it inevitable that little or no prior warning is given to the Skater. Every effort will be made by the Sample Collection Personnel to collect the Samples speedily and efficiently with the minimum of interruption to the Skater's training plans and/or to his/her social or work schedule. If there is an interruption, however, then no Skater may take any action to gain compensation for any inconvenience caused, or loss of earnings.

D - THERAPEUTIC USE EXEMPTIONS (TUE)

D.1 Application Process

D.1.1 A TUE will only be considered following the receipt of a completed application form that must include all relevant documents (see Appendix 1 TUE form).

D.1.2 The Skater must not apply to more than one Anti-Doping Organization for a TUE. The application must identify the Skater's discipline where appropriate.

D.1.3 The application must list any previous and/or current requests for permission to use an otherwise Prohibited Substance or Prohibited Method, the body to whom that request was made, and the decision of that body.

D.1.4 The application must include a comprehensive medical history and the results of all examinations, laboratory investigations and imaging studies relevant to the application.

D.1.5 Any additional relevant investigations, examinations or imaging studies requested by the TUEC of the ISU will be undertaken at the expense of the Skater or the Member of which the Skater is a member.

D.1.6 The application must include a statement by an appropriately qualified physician attesting to the necessity of the otherwise Prohibited Substance or Prohibited Method in the treatment of the Skater and describing why an alternative, permitted medication cannot, or could not, be used in the treatment of this condition.

D.1.7 The dose, frequency, route and duration of administration of the otherwise Prohibited Substance or Prohibited Method in question must be specified.

D.1.8 Decisions of the TUEC will be conveyed in writing to the Skater by the ISU. Where a TUE has been granted to a Skater in the ISU Registered Testing Pool, the Skater and WADA will be promptly provided with an approval which includes information pertaining to the duration of the exemption and any conditions associated with the TUE.

D.2 Abbreviated Therapeutic Use Exemption Application Process

D.2.1 It is acknowledged that some substances included on the List of Prohibited Substances are used to treat medical conditions frequently encountered in the skating population. Accordingly an abbreviated process of the TUE is established.

D.2.2 The Prohibited Substances or Prohibited Methods which may be permitted by this abbreviated process are strictly limited to the following:

- Beta-2 agonists (formoterol, salbutamol, salmeterol and terbutaline) by inhalation;
- Glucocorticosteroids by non-systemic routes.

D.2.3 To use one of the substances above, the skater shall provide to the ISU an Abbreviated Therapeutic Use Exemption (ATUE) application justifying the therapeutic necessity. The ATUE application form, as contained in Appendix 2, shall describe the name of the drug, dosage, route of administration and duration of the treatment. The diagnosis and, when applicable any tests undertaken in order to establish that diagnosis, should be included (without the actual results or details).

D.2.4 The abbreviated process includes:

- a) Approval for use of Prohibited Substances subject to the abbreviated process is effective upon receipt of a complete notification by the ISU. Incomplete notifications must be returned to the applicant.
- b) The ISU shall advise promptly the Skater's Member and WADA on receipt of the notification.
- c) A notification for a TUE will not be considered for retroactive approval except:
 - In emergency treatment or where treatment of an acute medical condition was necessary
 - If due to exceptional circumstances there was insufficient time or opportunity for an applicant to submit, or a TUEC to receive, an application prior to Doping Control.

D.2.5 A Standard Therapeutic Use Exemption (STUE) form will be used to apply to the ISU for approval of use of any other prohibited substance. The STUE form as contained in Appendix 1, shall describe the name of the drug, dosage, route of administration and duration of the treatment.

The diagnosis and, when applicable any tests undertaken in order to establish that diagnosis, should be included.

D.2.6 The Standard Process includes:

- a) Approval for use of Prohibited Substances subject to the standard process is approved only after a full review of the TUEC. Incomplete applications must be returned to the applicant.
- b) The ISU shall promptly advise the Skater's Member and WADA when an approval has been granted.
- c) A notification for a TUE will not be considered for retroactive approval except:
 - In emergency treatment or where treatment of an acute medical condition was necessary
 - If, due to exceptional circumstances, there was insufficient time or opportunity for an applicant to submit, or the TUEC to receive, an application prior to Doping Control.

D.2.7 A review by the TUEC can be initiated at any time during the duration of the TUE

D.2.8 A TUE may be cancelled by the TUEC at any time. The Skater, his/her Member and WADA shall be notified immediately.

D.2.9 The cancellation shall take effect immediately following notification of the decision to the Skater.

E - RIGHT TO A FAIR HEARING

E.1 Please refer to Article 8 of the ISU Anti-Doping Rules.

E.2 When it appears, following the Results Management process described in Article 7 of the ISU Anti-Doping Rules, that the ISU Anti-Doping Rules have been violated in connection with ISU Testing or Testing at an International Event then the case shall be assigned to the ISU Disciplinary Commission (hereafter DC) to adjudicate as provided for in Article 8.1 of the ISU Anti-Doping Rules. The following procedures give additional detail to Article 8.1 of the ISU Anti-Doping Rules.

E.3 The Skater or Other Person alleged to have violated the ISU Anti-Doping Rules has the right to a hearing and may present their case either in writing or in person to the ISU DC.

E.4 The request for an oral hearing of the Skater or Other Person must be made in writing through his/her Member within 21 days of the first notification of the alleged Anti-Doping Rule violation to the Member of the Skater or Other Person.

- E.5 An oral hearing shall in principle take place within 3 months following the completion of the results management process but not earlier than 28 days after the first notification of the alleged Anti-Doping Rule violation to the Member of the Skater or Other Person
- E.6 The ISU DC shall determine the nature and circumstances of any breach of the ISU Anti-Doping Rules that may have been committed. It shall allow the Skater or Other Person an opportunity to give an explanation orally at a hearing, by telephone, or in writing concerning the circumstances and the facts in relation to the alleged violation of the ISU Anti-Doping Rules.
- E.7 If no request for a hearing of the Skater or Other Person alleged to have violated the ISU Anti-Doping Rules is made within 21 days, the ISU DC will adjudicate the case based on the available facts of the alleged Anti-Doping Rule violation.
- E.8 In accordance with Article 8.1.7 of the ISU Anti-Doping Rules, the Skater or Other Person at any stage may acknowledge in writing the Anti-Doping violation and accept the consequences as set forth in Articles 9 and 10 of the ISU Anti-Doping Rules, details of which will be expressed by the ISU DC.
- E.9 The ISU DC, through the ISU Secretariat will advise the Member of the time and place of the hearing who will in turn notify the Skater or Other Person.
- E.10 The Skater or Other Person may submit evidence for the defence of the case that does not require the use of disproportionate means. The ISU DC shall make a decision in this regard.
- E.11 The ISU DC may seek the opinion of experts.
- E.12 After completion of the hearing, the ISU DC shall compile a timely, written, reasoned decision.
- E.13 Expedited hearing procedure at ISU World Championships
If the alleged violation of the ISU Anti-Doping Rules has taken place during an ISU World Championships, then the ISU DC with the participation of all necessary parties, if possible, shall undertake consideration of the case during the Championships by telephone conference. Alternatively, the Chairman of the ISU DC may request the ISU President and General Secretary to take appropriate required action and pursuant to such request, a hearing shall be convened, comprising of the ISU DC Members present at the Championships.
- E.14 Appeals
Decisions made under the ISU Anti-Doping Rules may be appealed as set forth in Article 13.2 through Article 13.5 of the ISU Anti-Doping Rules. Decisions of the ISU DC shall remain in effect as a provisional order while under appeal, unless the appellate body orders otherwise.

E.15 Public Disclosure

A public disclosure of any decision of the DC regarding an Anti-Doping Rule violation will be made in an ISU Communication as provided for in the ISU Constitution, Article 21, paragraph 2 and Article 14.4 of the ISU Anti-Doping Rules. Prior to such an announcement, all parties are obliged to treat the matter in strict confidence.

Milan,
January 24, 2006
Lausanne,

Ottavio Cinquanta, President

Fredi Schmid, General Secretary

Therapeutic Use Exemptions Standard Application Form

I apply for approval from the International Skating Union for the therapeutic use of a prohibited substance on the WADA List of Prohibited Substances and Prohibited Methods.

Please complete all sections in BLOCK CAPITALS

1. Athlete Information

Surname:		Given Names:	
Female <input type="checkbox"/> Male <input type="checkbox"/> (tick appropriate box)		Date of Birth (d/m/y):	
Address:			
City:		Country:	Postcode:
Tel:		Email:	
Sport:		Discipline/Position:	
ISU Member:			

2. Medical information

Diagnosis with sufficient medical information (see note 1): If a permitted medication can be used to treat the medical condition, provide clinical justification for the requested use of the prohibited medication:

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3. Medication details

Prohibited Substance(s): Generic Name	Dose	Route	Frequency
1.			
2.			
3.			

Anticipated duration of treatment (please tick appropriate box)	once only <input type="checkbox"/> emergency <input type="checkbox"/> or duration (week/month): <input type="checkbox"/>
--	--

<p>Have you submitted any previous TUE application? <input type="checkbox"/> yes <input type="checkbox"/> no</p> <p>For which substance?</p> <p>To whom? When?.....</p> <p>Decision: Approved <input type="checkbox"/> Not approved <input type="checkbox"/></p>

4. Medical practitioner's declaration

<p>I, Certify the above-mentioned treatment is medically appropriate and that the use of alternative medication not on the prohibited list would be unsatisfactory for this condition.</p> <p>Name</p> <p>Medical speciality:</p> <p>Address:</p> <p>Tel.: Fax:</p> <p>Email:</p> <p>Signature of Medical Practitioner:Date:</p>
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5. Athlete’s declaration

I, certify that the information under 1. is accurate and that I am requesting approval to use a Substance or Method from the WADA Prohibited List. I authorize the release of personal medical information to the Anti-Doping Organization (ADO) as well as to WADA staff and to the WADA TUEC (Therapeutic Use Exemption Committee) and to other ADOs under the provisions of the Code. I understand that if I ever wish to revoke the right of these organizations to obtain my health information on my behalf, I must notify my medical practitioner and my ADO in writing of that fact.

Athlete’s signature: **Date:**

Parent’s/Guardian’s signature: **Date:**

(if the athlete is a minor or has a disability preventing him/her to sign this form, a parent or guardian shall sign together with or on behalf of the athlete)

6. Notes

Note	<u>Diagnosis</u>
1	<i>Evidence confirming the diagnosis must be attached and forwarded with this application. The medical evidence should include a comprehensive medical history and the results of all relevant examinations, laboratory investigations and imaging studies. Copies of the original reports or letters should be included when possible. Evidence should be as objective as possible in the clinical circumstances and in the case of non-demonstrable conditions independent supporting medical opinion will assist this application.</i>

Incomplete Applications will be returned and will need to be resubmitted.

Please submit the completed form to the ISU and keep a copy for your records.

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TUEC Decision *(for office use only)*

Date Received:

Application Complete: yes no

Office Notes:
.....
.....
.....

Name of TUEC Representative(s):
Signature(s):
.....
Date:.....

**Therapeutic Use Exemptions
Abbreviated Process
ATUE**

I apply for approval from the International Skating Union for the therapeutic use of a prohibited substance on the WADA List of Prohibited Substances and Prohibited Methods that is subject to the Abbreviated Therapeutic Use Exemption Application Process.

Please complete all sections in BLOCK CAPITALS

Beta-2 agonists by inhalation <input type="checkbox"/>	Glucocorticosteroids by non-systemic routes* <input type="checkbox"/>
---	--

***All routes other than orally, rectally, intravenously and intramuscularly.
Dermatological glucocorticosteroids do not require a TUE.**

2. Athlete Information

Surname: **Given Names:**

Female **Male** (*tick appropriate box*) **Date of Birth (d/m/y):**

Address:

City: **Country:** **Postcode:**

Tel.: **Email:**

Fax: **ISU Member :**

Sport: **Discipline/Position:**

2. Medical information

Diagnosis:

.....

.....

N.B. Any TUE may be reviewed at any time by the Anti-Doping Organization and/or WADA

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Prohibited substance(s): Generic Name	Dose	Route	Frequency
1.			
2.			
3.			
Intended duration of treatment (please tick appropriate box)	once only <input type="checkbox"/> emergency <input type="checkbox"/> or duration (week/month): <input type="checkbox"/>		

3. Medical practitioner's and athlete's declaration

I certify that the above-mentioned treatment is medically appropriate and that the use of alternative medicines not on the Prohibited List would be unsatisfactory for this condition.

Name

Medical speciality:

Address:

Tel.: Fax:

Email:

Signature of Medical Practitioner: Date:

I, certify that the information under 1. is accurate and that I am requesting approval to use a Substance or Method from the WADA Prohibited List. I authorize the release of personal medical information to the Anti-Doping Organization (ADO) as well as to WADA staff and to the WADA TUEC (Therapeutic Use Exemption Committee) as well as to other ADOs under the provisions of the Code. I understand that if I ever wish to revoke the right of these organizations to obtain health information on my behalf, I must notify my medical practitioner and my ADO in writing of that fact.

Athlete's signature: **Date:**

Parent's/Guardian's signature: **Date:**

(if the athlete is a minor or has a disability preventing him/her from signing this form, a parent or guardian shall sign together with or on behalf of the athlete)

Incomplete applications will be returned and need to be resubmitted.
Please submit the completed form to the ISU and keep a copy for your records.

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