

INTERNATIONAL SKATING UNION

Communication No. 1340

SYNCHRONIZED SKATING

GUIDELINES FOR NOVICE COMPETITIONS

(replaces ISU Communication No. 1288)

International Novice Competition in Synchronized Skating

- Open to all Members of the ISU
- Not limited to certain countries or restricted in any way

Age requirements

Novice:

In International Novice Competitions a Novice is a skater who has met the following requirements before July 1st preceding these events:

Novice teams are composed of skaters all of whom must have reached the age of ten (10) and have not reached the age of fifteen (15), before July 1st preceding the competition.

Team composition

A team shall consist of 12 to 20 skaters.

Novice teams may include both boys and girls without any restrictions and maximum number of alternates is four (4).

There will be no disadvantage in the scores when a smaller number of skaters compose a team.

Program

Only a Free Skating program should be included.

The Free Skating program should be a Balanced Program.

The following seven (7) elements must be included and will be scored when the ISU Judging System is used:

- One (1) block
- One (1) circle
- One (1) line
- One (1) wheel
- Two (2) intersections
- One (1) movement in isolation

Other elements may be incorporated into the free skating program and will be judged as transitions and/or choreography components.

Definitions of recommended elements are in accordance with Rule 711 paragraph 1 and 4 (Well Balanced Program).

The illegal elements are following the restrictions in Junior Free Skating, Rule 711 paragraph 10 d).

Duration of program

Three (3) minutes and thirty (30) seconds +/- 10 seconds.

Music

Vocal music using lyrics is permitted.

Holds

Minimum of three (3) different handholds are required. There will be a deduction made by the Referee if there are not the required number of handholds in the program.

Ice Resurfacing

In accordance with Rule 734 paragraph 4, the resurfacing should be done after every six (6) teams.

Milano,
August 16, 2005
Lausanne,

Ottavio Cinquanta, President

Fredi Schmid, General Secretary