

# INTERNATIONAL SKATING UNION

## Communication No. 1324

### Single and Pair Skating

#### GUIDELINES FOR USING ISU JUDGING SYSTEM FOR NOVICE COMPETITIONS

*(Clarification of ISU Communication No.1288)*

#### **Composition of Event for Singles and Pairs:**

The event shall consist of two parts:

- Short Program of a maximum length of 2:30 minutes for Singles and Pairs.
- Free Skating Program of 3:00 minutes for Girls, and 3:30 minutes for Boys and Pairs (+ or – 10 seconds)

#### **1. Short Program Singles**

The Short Program for Girls' Singles shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump immediately preceded by connecting steps
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Layback or sideways leaning spin (minimum of six (6) revolutions)
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot). The minimum number of revolutions required in a position is two (2). In case this requirement is not fulfilled, the position is not counted
- f) One spiral sequence consisting at least two (2) spiral positions. A spiral position in order to be counted must be held for at least three (3) seconds
- g) One step sequence with full utilization of the ice surface ( straight line, circular or serpentine)

The Short Program for Boys' Singles shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump immediately preceded by connecting steps
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Camel or sit spin (minimum of six (6) revolutions)
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot). The minimum number of revolutions required in a position is two (2). In case this requirement is not fulfilled, the position is not counted
- f) Two step sequences of a different nature with full utilization of the ice surface (straight line, serpentine or circular)

#### **2. Free Skating Program Singles**

A well balanced Free Skating program for Singles must contain:

- a) Maximum of 6 jump elements for Girls and maximum of 7 jump elements for Boys one of which must be an Axel type jump and there may be up to three (3) jump combinations or sequences. Only one jump combination can contain three (3) jumps. A jump sequence can contain any number of jumps , but only two most difficult jumps will be counted. Only two (2) jumps with two and a half (2 1/2) or three (3) revolutions can be repeated either in a jump combination or in a jump sequence.
- b) There must be a maximum of three (3) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions) and one a flying spin (minimum of five (5) revolutions). In spins the minimum number of revolutions required in a position is two (2). In case this requirement is not fulfilled, the position is not counted. The number of changes of foot in the spin combination is optional.

- c) There must be a maximum of one step or spiral sequence that fully utilizes the ice surface. A spiral position in order to be counted must be held for at least 3 seconds.

### 3. Short Program Pairs

The Short Program for Pairs shall consist of the following elements:

- a) One lift, any hand hold. Minimum one (1) revolution by the man
- b) One twist lift (single or double)
- c) One solo jump (single or double)
- d) One solo spin, no change of foot, change of position optional, five (5) revolutions minimum
- e) One pair spin, no change of foot, change of position optional, five (5) revolutions minimum
- f)\* One pivot figure (pivot position by man required). One revolution minimum by man
- g) One spiral sequence: .serpentine, circular or combination of both with full utilization of the ice surface  
A spiral position in order to be counted must be held for at least three (3) seconds
- h) One step sequence: serpentine, circular or straight line for step sequence with full utilization of the ice surface

Note: Elements g) and h) will alternate starting with the season 2005/2006 with h)

### 4. Free Skating Program Pairs

A well balanced Free Skating program must contain a maximum of:

- a) Two different lifts ( one of the lifts must be from Group 3 or 4 )
- b) One twist lift (single or double)
- c) One or two throw jumps (single or double)
- d) One solo jump (single or double)
- e) One jump combination or sequence . The jump combination may consist of only two (2) jumps. The jump sequence may consist of any number of jumps, but only two most difficult jumps will be counted
- f) One solo spin or solo spin combination (minimum of five (5) revolutions). The minimum number of revolutions required in a position is two (2). In case this requirement is not fulfilled, the position is not counted
- g) One pair spin or pair spin combination (minimum of five (5) revolutions). The minimum number of revolutions required in a position is two (2). In case this requirement is not fulfilled, the position is not counted
- h)\* One pivot figure without restrictions
- i) One spiral sequence. A spiral position in order to be counted must be held for at least three (3) seconds.
- j) One step sequence with full utilization of the ice surface

Note: Elements i) and j) will alternate starting with the season 2005/2006 with i)

\* If a death spiral is executed, it is marked according to the chart in ISU Communication No. 1319. In other cases the base value is established as 2.2 with the numerical value of + or – GOEs indicated in this Communication for death spiral.

### 5. Marking and Determination of Results

The ISU Judging System is to be used. Marking shall be in accordance with the Special Regulations for Single & Pair Skating 2004.

Milan  
June 15, 2005  
Lausanne

**Ottavio Cinquanta**, President  
**Fredi Schmid**, General Secretary