

# INTERNATIONAL SKATING UNION

## Communication No. 1321

### ISU Development Seminar for Senior Synchronized Skating Teams

The ISU Synchronized Technical Committee in cooperation with the ISU Development Program will be holding a Synchronized Skating Development Seminar for Senior Teams:

**Budapest Hungary from June 24<sup>th</sup> to July 4<sup>th</sup>, 2005**

This seminar will be held on the proviso that a sufficient number of applications are received.

#### **PROGRAM:**

The Seminar will cover the following aspects:

- Correct interpretation of ISU Judging System when planning programs.
- On ice sessions, covering basic skating, footwork, planning programs, synchronized skating techniques and skills.
- Choreography
- Acrobatics/Fitness
- Nutrition
- Movement/Dance

#### **PARTICIPATION:**

Each Member can apply for one team to participate. The Seminar is designed for up to a total of ten teams. However the Synchronized Skating Technical Committee in conjunction with the Development Commission may use their discretion concerning the number of entries.

Applications to attend will be accepted on a "first come first served" basis.

#### **MODERATORS:**

ISU Synchronized Technical Committee Representatives:

- Uli Linder
- Helen Poole

The following Moderators will participate in the seminar:

- Kaisia Nieminen      International Coach
- Ilona Bercz            International Coach
- Dr Bognár József      Physical Education Specialist
- Zsuzsanna Fajcsák    Nutritionist, functional training

#### **EXPENSES:**

The ISU Development Program will cover the following costs:

1. Accommodation and meal expenses for all team members participating, (alternates included), from dinner on Friday 24<sup>th</sup> June 2005, to breakfast on Monday 4<sup>th</sup> July 2005. As stipulated above, no more than ten teams will be allowed to participate.
2. Accommodation and meal expenses for 2 participating team coaches.
3. All Moderator expenses will be borne by the ISU Development Program.
4. Team Managers and Team Chaperones WILL NOT have living expenses, room and meals provided.

Travel Expenses to and from Budapest and travel transfer fees to and from the airport, shall be the responsibility of the member and borne by the Member Federation or Team. Transfer services will be arranged by the organizer on request, and must be paid for in advance.

**TIME SCHEDULE:**

The Synchronized Skating Development Seminar will commence at 9:00 am on Saturday June 25<sup>th</sup> 2005. The Seminar will end on July 4<sup>th</sup>, 2005 after breakfast. The timetable will be finalized in accordance with the number of teams participating and will be released in due course.

**OFFICIAL HOTEL OF THE SEMINAR:**

HOTEL STADION  
Ifjúság útja 1-3  
H.1148 Budapest  
Hungary

Reservations will be made through the organizers for all Teams, Coaches and Moderators at the above hotel. Team Managers and Team Chaperones will be accommodated at the official hotel at there own expense.

**APPLICATION PROCESS AND DEADLINE:**

Applications by Member should be sent by e-mail or fax to the ISU Secretariat with a copy to the Secretary of the Hungarian Skating Federation and must be received not later than Monday **6<sup>th</sup> June 2005**.

Copies of these applications will be sent by the ISU Secretariat to the Synchronized Technical Committee Representatives.

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Tel: (+36) 1 252 2369  
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Applications should include the following information:

- Team Name
- Team Coach Names x 2
- Team List of all Team Members/Alternates with Date of Birth and Nationality.
- Team Manager Name x 1
- Team Chaperones Names x 2
- Name and Address of Contact Person to include telephone number fax number and e-mail.

Please supply a brief Team History

The seminar will be conducted in English, please ensure Team Members and Coaches attending have a reasonable command of the language.

**CONFIRMATION OF PARTICIPATION:**

Confirmation of acceptance will be sent to Member Federations, as soon as possible after the closing date of applications: **June 6<sup>th</sup>**.

Milano,

May 27, 2005

Lausanne,

Ottavio Cinquanta, President

Fredi Schmid, General Secretary