

# INTERNATIONAL SKATING UNION

## Communication No. 1398

### SYNCHRONIZED SKATING

#### GUIDELINES FOR NOVICE COMPETITIONS

*(replaces ISU Communication No. 1340)*

#### **I. International Novice Competition in Synchronized Skating**

- Open to all Members of the ISU
- Not limited to certain countries or restricted in any way

#### *Age requirements*

##### **Novice:**

In International Novice Competitions a Novice is a skater who has met the following requirements before July 1<sup>st</sup> preceding these events:

Novice teams are composed of skaters all of whom must have reached the age of ten (10) and have not reached the age of fifteen (15), before July 1st preceding the competition.

#### *Team composition*

A team shall consist of 16 skaters.

Novice teams may include both boys and girls without any restrictions and maximum number of alternates is four (4).

At the national level, member federations, may permit a different team composition, for example 12 to 20 skaters.

#### *Program*

Only a Free Skating program should be included.

The Free Skating program should be a Balanced Program.

The following eight (8) elements must be included and will be scored when the ISU Judging System is used:

- One (1) block
- One (1) circle
- One (1) line
- One (1) wheel
- Two (2) intersections
- One (1) movement in isolation
- One (1) element to be selected from block, circle or line

Other elements may be incorporated into the free skating program and will be judged as transitions and/or choreography components.

Definitions of recommended elements are in accordance with Rule 711 paragraph 3 and 4 (Well Balanced Program).

The illegal elements are following the restrictions in Junior Free Skating, Rule 711 paragraph 10 b).

***Duration of program***

Three (3) minutes and thirty (30) seconds +/- 10 seconds.

***Music***

Vocal music using lyrics is permitted.

***Holds***

Minimum of three (3) different handholds are required. There will be a deduction made by the Referee if there are not the required number of handholds in the program.

***Ice Resurfacing***

In accordance with Rule 734 paragraph 4, the resurfacing should be done after every six (6) teams.

Milan

July 12, 2006

Lausanne

**Ottavio Cinquanta**, President

**Fredi Schmid**, Director General