

# INTERNATIONAL SKATING UNION

## Communication No. 1582

### ISU Course for Speed Skating Starters

The ISU has decided to hold a course for Speed Skating Starters, which will be organized by the ISU Speed Skating Technical Committee and the Russian Skating Union (as hosting ISU Speed Skating Member) in:

**Kolomna (Russia), October 15 - October 19, 2009**

#### Program

The course will cover all main aspects of the starting procedure and focus on the role and the tasks of Starters at ISU Championships, World Cup Competitions and other major International Competitions.

The primary part of the course will be held at the indoor speed skating rink in Kolomna, venue of the 2008 ISU European Speed Skating Championships and several Essent ISU World Cup Competitions, where the participants will encounter much practical and training experience in the starting procedure during a major national Competition being held during the weekend October 17-18, 2009.

<b>Opening of the Course</b>	Thursday, October 15, 2009 at 20:00: Arrival and Registration
<b>End of the Course</b>	Sunday, October 18, 2009 at 19:00: Closing of the course Monday morning, October 19, 2009: Departure

<b>Location (official hotel):</b>	<b>Hotel Kolomna</b> Soviet Square 2 Kolomna 140407, Moscow Region, Russia Telephone: +7 496 612 18 96 Telefax: +7 496 612 38 45 E-Mail: kolomnahotel@kolomna.ru Website: www.kolomnahotel.ru
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#### Course Management

Course Coordination	Mr. Tron Espeli, ISU Speed Skating Technical Committee
Course Administration	Mr. Roland E. Maillard, ISU Speed Skating Technical Committee
Technical Coordination	Mr. Alexander Kibalko, Russian Skating Union
Main instructors:	Mr. Marcel Lesche Vanberg (Norway), ISU Starter Mr. Matthijs de Vrijer (Netherlands), ISU Starter

#### Participants

The course is open to the following categories of participants:

- **ISU Starters** (for ISU Championships), as defined in Rule 121, paragraph b) and listed in ISU Communication No. 1577;
- Experienced **International Starters** (named in ISU Communication No. 1577) who are considered for nomination to the 2010/2011 list of ISU Starters;
- Experienced **International Starters** (named in ISU Communication No. 1577) from ISU Members who will be hosting ISU Speed Skating Championships or Essent ISU World Cup Speed Skating Competitions during the season 2009/2010 and/or 2010/2011.

Group work and workshops will be a main part of the course program. Therefore it is very important that all participants have sufficient experience as Starters and are able to communicate well in English. Evidence that the entered participants have such an adequate background may be requested by the ISU.

## Entries

Entries must be submitted **before September 18, 2009** to both of the following addresses:

Russian Skating Union Attn.: Mr. Alexander Kibalko, General Secretary Office 230, Luzhnetskaya nab. 8 Moscow, 119992 Russia Telephone +7 495 725 46 76 Telefax +7 495 637 02 37 Mobile phone +7 926 530 71 03 E-Mail: russkating@yahoo.com	International Skating Union (ISU) Attn.: Mr. Fabrice Prahin Chemin de Primerose 2 CH-1007 Lausanne Switzerland Telephone: + 41 21 612 66 66 Telefax: + 41 21 612 66 77 E-mail: info@isu.ch
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Please include exact *arrival and departure details (flight information) of all participants, and observe information below on travel arrangements*. If visas are required, please contact Mr. Alexander Kibalko at the above address, to receive a letter of invitation for named participants. ISU Members concerned will be informed at the latest by October 1, 2009 if some of the entered Starters will not be accepted as participants at the course.

## Expenses and financial contributions

The ISU will cover accommodation costs in the official hotel and meal expenses from the dinner on October 15, 2009 up to and including breakfast on October 19, 2009 for the following participants:

- all attending ISU Starters;
- a maximum of **one** International Starter per ISU Member (in addition to ISU Starters from the respective ISU Member due to attend).

For participants from outside Europe, the ISU will pay a travel contribution, subject to submission of actual flight ticket receipts, to a maximum of **1'000 Swiss francs (CHF 1'000.--)** per participant. Such a contribution will only be granted for *ISU Starters* from the respective ISU Member. For participants from Europe no travel contribution will be paid.

Reimbursement of travel expenses will be made from the ISU Secretariat to the ISU Member concerned after the conclusion of the course. A copy of the flight ticket must be given to the Course administration before the end of the course. Expenses and contributions will only be paid by the ISU on the condition that the participants are in attendance during *the whole duration* of the course.

## Travel arrangements – flights and airport transfer

The Russian Skating Union will organize transportation of the participants between Kolomna and the Moscow international airports **Sheremetyevo** ([www.svo.aero/en/](http://www.svo.aero/en/)) and **Domodedovo** ([www.domodedovo.ru/en/](http://www.domodedovo.ru/en/)). Both airports connect with direct international flights to major European and transcontinental airports. Domodedovo airport has much shorter transfer time to Kolomna and is therefore recommended. Please consult the web sites of the airports for information on convenient flight connections. Tentative departure times for transfer to Kolomna will be as follows:

- from Sheremetyevo to Kolomna: **Thursday October 15 at 17.00** (meeting point arrival hall, Terminal 2);
- from Domodedovo to Kolomna: **Thursday October 15 at 17.00** (meeting point arrival hall).

Bus transfer to the airports will be organized from Kolomna early on Monday morning October 19.

Airport transportation service will only be offered at the above mentioned times.

## Other conditions

It is extremely important that ISU Starters attend this course in order to maintain their activity in accordance with the ISU Regulations. International Starters considered for future nomination as ISU Starters should attend the course in order to prove and improve their qualifications for such a nomination.

All lectures, discussions and examinations will be conducted in English, and no interpretation will be offered.

**It is expected that those Starters attending the course will take further initiatives to organize similar courses in their own country.**

Milano

August 25, 2009

Lausanne

**Ottavio Cinquanta**, President

**Fredi Schmid**, Director General