

INTERNATIONAL SKATING UNION

Communication No. 1984

SYNCHRONIZED SKATING

ISU Synchronized Skating Development Training Seminar for Junior Age Skaters and their Coaches

The ISU announces that the ISU Synchronized Skating Technical Committee through an initiative of the ISU Sports Director Figure Skating, Krisztina Regöczy and with the support by the ISU Development Program is organizing an International Synchronized Skating Development Training Seminar for Coaches and Team Participants of Junior age and level in:

Vierumäki, Finland, May 16 - 22, 2016.

The aim of the Seminar is the development of Synchronized Skating Coaches and the Participants of their Teams to a higher technical level and the introduction of Synchronized Skating in new areas where it is not yet traditionally pursued. Top, world-class Coaches will moderate the Seminar. Daily off-ice classes will include theory, Grade of Execution and ISU Judging System requirements, music lectures, physical education/fitness, ballet, jazz/mime/expression, relaxation/yoga, movement to music, theatre and modern dance technique lectures. For a more personal learning effect, the experts will be available for a one-to-one contact with participating Coaches.

The Professional Team for the Seminar:

Organizer and Head Coach: Ms. Cathy Dalton (SySTC)
Coach/Moderators: Mrs. Kaisa Arrateig (FIN)
Mr. Alain Daniel Hostache (FRA)
Mr. Maurizio Margaglio (IDTC)
Program Evaluation: Ms. Leena Laaksonen (FIN)
Program Components: Mr. Mika Saarelainen (FIN)
Off-ice Instructors: Fitness, Physical education: Mr. Matti Henttinen (FIN)
Ballet/Modern Dance: Ms. Lilli Helpi (FIN)

The 2016 Synchronized Skating Seminar is composed for Junior aged participants of a Team with the following age requirements:

A member of a Team is eligible for participation if the Skaters have:

- reached the age of 13 but not the age of 19 by July 1 preceding the Seminar; which corresponds to the ISU Junior age restrictions.

Each Member may enter a "Team" of **4 Skaters plus 2 Coaches** to the Seminar. In the case of too many entries, the ISU will reduce the number using primarily the age criteria and/or the region as a limitation.

In addition, the Synchronized Skating Technical Committee together with the Sports Director Figure Skating will check the list of entries and accept only participants (Skaters and/or Coaches) for which it sees a possibility of future development.

The Seminar is open to Coaches wishing to attend without Skaters.

Additional Coaches above the quota may also attend at their own expense. Details will be provided to the individuals concerned upon application.

Expenses

The financial responsibility for the Seminar is as follows:

- a) The living expenses (room and meal) for the accepted **4 Skaters and 2 Coaches per Member** will be borne by the ISU for the period from
dinner on Monday, May 16 to breakfast on Sunday, May 22, 2016.
- b) Members will be responsible for the travel expenses to and from Helsinki airport for all participating Coaches and Skaters.
- c) Members shall also be responsible for the living expenses for Coaches attending without participating Skaters, or being outside of the quota.
- d) **There will be a Symbolic Participation Fee of EUR 300 per accepted and participating Team (4 Skaters and 2 Coaches).**

Participants should arrange to arrive on May 16, 2016 in time for the prearranged transportation and depart in the morning of May 22, 2016.

The opening of the Seminar will be on May 16, 2016 at 19.00

A. General

In order to provide adequate quality in the Seminar and to be fair to others waiting for participation, the ISU will limit the capacity to **64 Skaters**, but will create a waiting list for those who cannot be accepted in the first run. Please be considerate with the timing of cancellations to give your athlete friends the chance to participate.

- Applications must arrive from the Member Federations to be considered.
- Cancellation policy:
All the facilities, including the Hotel has to be booked and paid, for the accepted participants (Coaches and Skaters) one month in advance. Regretfully, we cannot accept any cancellations after the deadline.
Cancellation deadline is: Friday, April 15, 2016.
The ISU shall forward the related cancellation fees/costs to the Members, which is 80% of the accommodation of the person(s) concerned.
- Only legitimate Team Members and Coaches are to be entered.
(Skaters must be steady/confirmed members of the same Team and will be competing (skating) during the upcoming season (2016 -2017). Coaches must be coaching the "Team" (four (4) skaters) participating in the seminar.)
- Accepted participants (Coaches and Skaters) must participate from the beginning to the end of the Seminar unless receiving the permission to do otherwise.
- Skaters must participate together with their announced Coaches. Should an announced Coach unexpectedly be unable to attend, - after receiving permission from the Sport Director Figure Skating – the participating Skaters must be accompanied by a chaperone.
- All participants must have Medical Insurance and have their valid Insurance Card with them to attend the Seminar.
- As this ISU Development Training Seminar is organized to provide help and offer a quality learning experience to Coaches and their Skaters, sending a "non-skating" person as a Coach is not appropriate.
- The Symbolic Participation Fee of EUR 300 per accepted and participating Team is to be paid in cash to the local coordinator, **Mrs. Minna Fernelius** upon arrival in Vierumäki.

Language

The Seminars will be conducted in English.

Applications

Applications for the Seminar together with the files Attachment (Skaters and Coaches) should be forwarded no later, than **Friday, February 19, 2016** to the ISU Secretariat with copies to Mr. Peter Krick, Sport Manager Figure Skating, Mrs. Krisztina Regöczy, Sports Director Figure Skating, Mr. Christopher Buchanan Chair of the Synchronized Skating Technical Committee, Mrs. Minna Fernelius Local organizer.

See contact details below:

Mrs. Krisztina Regöczy
E-mail.: kriszta@icedance.hu

ISU Secretariat
Ms. Samia Belila
E-mail: belila@isu.ch

Mr. Christopher Buchanan
E-mail.: christopher.buchanan@btinternet.com

Mrs. Minna Fernelius
E-mail: minna.fernelius@stll.fi

Mr. György Sallak
E-mail: gsallak@hunskate.hu

Mr. Peter Krick
E-mail:peter.krick@eventint.com

Members will be notified of the acceptance of their application, together with other details by Mrs. Krisztina Regöczy, ISU Sport Director Figure Skating through the ISU Secretariat as soon as possible after the deadline for applications.

Milan,
November 30, 2015
Lausanne,

Ottavio Cinquanta, President
Fredi Schmid, Director General

ISU Synchronized Skating Development Training Seminar for Junior Age Skaters and their Coaches

JUNIOR Synchronized Skating

2016 QUESTIONNAIRE FOR JUNIOR SYNCHRONIZED SKATERS

| | | |
|---------|--|-------------------|
| Member: | | Name of your TEAM |
|---------|--|-------------------|

SKATERS

| | |
|--|------------------------------|
| Name of Skater 1: | Date of birth: |
| Name of Skater 2: | Date of birth: |
| Name of Skater 3: | Date of birth: |
| Name of Skater 4: | Date of birth: |
| Have you attended an ISU Seminar before? | Yes <input type="checkbox"/> |
| | No <input type="checkbox"/> |
| If yes, when and where | |

| | |
|---|--|
| At what level are you planning to compete in the coming season? | International <input type="checkbox"/> |
| | Junior World Championships <input type="checkbox"/> |
| Are you part of a new Team? | Yes <input type="checkbox"/> No <input type="checkbox"/> |
| | How long have you been skating in a Team? |
| | Less, that 1 year <input type="checkbox"/> |
| | Years: <input type="checkbox"/> |
| Why do you wish to attend this seminar? | What is your coach's name? |

Date:

A confirmation of participation will be given shortly after the deadline.

Please e-mail by **February 19, 2016** to:

Mrs. Krisztina Regőczy

Fax: +361 3355 153

E-mail: kriszta@icedance.hu

Mr. Christopher Buchanan

E-mail: christopher.buchanan@btinternet.com

Mr. György Sallak

Fax: +361 222 5301

E-mail: gsallak@hunskate.hu

ISU Secretariat, Ms. Samia Belila

Fax: +41 21 612 66 77

E-mail: belila@isu.ch

Mrs. Minna Fernelius

E-mail: minna.fernелиus@stll.fi

ISU Synchronized Skating Development Training Seminar for Junior Age Skaters and their Coaches

SyS COACHES

| |
|--|
| 2016 QUESTIONNAIRE FOR SYNCHRONIZED SKATING COACHES |
|--|

| | |
|---------|--|
| Member: | |
|---------|--|

| | |
|---|------------------------------|
| Name: | |
| How many years have you been coaching Synchronized Skating? | |
| Have you attended an ISU Seminar before? | Yes <input type="checkbox"/> |
| | No <input type="checkbox"/> |
| If Yes, when | |
| Are you attending with a SyS Team? | Yes <input type="checkbox"/> |
| | No <input type="checkbox"/> |
| If Yes, the name of the Team(s) | |
| If No, why do you want to attend this seminar? | |
| Is there a Synchronized Skating development program in your country? | Yes <input type="checkbox"/> |
| | No <input type="checkbox"/> |
| If Yes, explain | |
| What topics would you be interested in discussing during the "Coaches only" off-ice sessions? | |

Date:

A confirmation of participation will be given shortly after the deadline.
Please fax/e-mail by **February 19, 2016** to:

Mrs. Krisztina Regöczy

Fax: +36 1 3355 153

E-mail: kriszta@icedance.hu

Mr. Christopher Buchanan

E-mail: christopher.buchanan@btinternet.com

Mr. György Sallak

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