

**ANNOUNCEMENT / INVITATION**

**Mentor Nestle Nesquik  
Toruń Cup 2016**



**INTERNATIONAL SENIOR, JUNIOR AND NOVICES  
COMPETITIONS**

for  
**Men, Ladies, Pairs and Ice Dance**

and  
**INTERCLUB FIGURE SKATING COMPETITIONS**

**Silver Category – Girls  
Gold Category – Girls**

organized by

**MKS Axel Toruń  
and  
Polish Figure Skating Association**

**January 6<sup>th</sup> – 10<sup>th</sup>, 2016**

**Toruń, Poland**



## Mentor Nestle Nesquik Toruń Cup 2016 - ANNOUNCEMENT

### 1. GENERAL REGULATIONS

The Mentor Nestle Nesquik Toruń Cup 2016 will be conducted in accordance with the ISU Constitution and General Regulations 2014, the ISU Special Regulations & Technical Rules Singles & Pair Skating and Ice Dance 2014 as well as all pertinent ISU Communications and valid decisions of the ISU Congress 2014.

Participation in the Mentor Nestle Nesquik Toruń Cup 2016 is open to all competitors who belong to an ISU Member, Rule 109, paragraph 1, and qualify with regard to eligibility, according to Rule 102, provided their ages fall within the limits specified in Rule 108, paragraph 3. a) and they meet the participation, citizenship and residency requirements in Rule 109, paragraphs 1 through 5 and ISU Communication 1420. Passports of the skaters, as well as the ISU Clearance Certificate, if applicable, must be presented at the accreditation.

### 2. TECHNICAL DATA

**Place:** **Tor-Tor ice rink:** 87-100 Toruń, Gen. J.Bema 23/27 str.,  
(an indoor ice-rink with the ice surface of 60 x 30 m, air-conditioned and heated),

#### **INTERNATIONAL FIGURE SKATING & ICE DANCE COMPETITIONS:** **(all Categories in accordance with current ISU Rules)**

**Men:** Advance Novice, Junior, Senior

**Ladies:** Advance Novice, Junior, Senior

**Pairs:** Junior, Senior

**Ice Dance:** Basic Novice, Advance Novice, Junior, Senior.

#### **SENIOR :**

##### **Short Dance:**

In accordance the ISU Technical Rules Ice Dance 2014, Rule 709, and all pertinent ISU Communications. Rhythms, required elements and guidelines are those listed in ISU Commu- nication 1932 and subsequent updates.

Duration: 2 min., 50 sec., +/- 10 sec

##### **Free Dance:**

In accordance with the ISU Technical Rules Ice Dance 2014, Rule 710. The required elements to be skated are those listed in ISU Communication 1932 and subsequent updates.

Duration: 4 minutes, +/- 10 seconds

#### **JUNIOR:**

##### **Short Dance:**

In accordance the ISU Technical Rules Ice Dance 2014, Rule 709, and all pertinent ISU Communications. Rhythms, required elements and guidelines are those listed in ISU Commu- nication 1932 and subsequent updates.

Duration: 2 min., 50 sec., +/- 10 sec

##### **Free Dance :**

In accordance with the ISU Technical Rules Ice Dance 2014, Rule 710. The required elements to be skated are those listed in ISU Communication 1932 and subsequent updates.

Duration: 3 min., 30 sec., +/- 10 seconds

#### **ADVANCE NOVICE:**

##### **Pattern Dance**

Technical Requirements for Advanced Novice competitions Ice Dance:

Two (2) Pattern Dances are to be skated for Advanced Novice. In accordance with Rule 711 paragraph 1 and the Communication No. 1947 the Pattern Dances for the Season 2014/2015 are as follows:

Group 2: # 3 Rocker Foxtrot # 9 Starlight Waltz

Group 3: # 12 Kilian # 23 Blues



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One group of Pattern Dances shall be drawn before the first practice of the competition. Couples shall provide their own music for the Starlight Waltz and Blues, even if the music is the ISU official music (see ISU Communication 1947).

### **Free Dance**

Rule 710 shall apply (including that the music may be vocal).

A Well Balanced program must contain:

- a) Not more than two (2) different Types of Short Lifts
- b) One (1) Spin, but not more Note: A Combination Spin is not permitted.
- c) One (1) Straight Line Step Sequence (Midline or Diagonal) in Hold or Curved Step Sequence (Circular or Serpentine) in Hold

The restrictions listed in ISU Communication 1932 and 1937 and subsequent updates of this ISU Communication apply.

- d) One (1) Set of Synchronized Twizzles

Duration: 3 min, +/- 10 sec

in accordance with ISU Communication 1947, the factors of the Components are:

- a) For events with two (2) Pattern Dances, the Total Score for each dance will be multiplied by a factor of 0.5 as per Rule 353, para- graph 1.
- b) Free Dance 1,0.

### **BASIC NOVICE:**

#### **Pattern Dance:**

Technical Requirements for Basic Novice:

Two (2) Pattern Dances are to be skated for Basic Novice.

In accordance with Rule 711 paragraph 1, the Pattern Dances for the Season 2015/2016 are as follows:

- #1 Fourteenstep
- #4 European Waltz

In accordance with Rule 707 paragraph 5 an ISU Communication 1947 Couples shall provide their own music for the European Waltz, even if the music is ISU official music.

### **Free Dance:**

Rule 710 shall apply (including that the music may be vocal).

A Well Balanced Free Dance program must contain:

- a) Dance Lifts: not more than one (1) Short Lift
- b) One (1) Straight Line Step Sequence (Midline or Diagonal) in Hold or Curved
- c) Step Sequence (Circular or Serpentine) in Hold

The restrictions listed in ISU Communication 1932 and 1937 and subsequent updates of this ISU Communication apply.

- d) One (1) Set of Synchronized Twizzles

The Dance Spin is not included in the list of Required Elements for the Basic Novice Free Dance. Nevertheless, a spinning movement skated by the couple together in any hold around common axis on one foot (or two feet) with any number of rotations is permitted. A couple may choose to use this movement as part of their choreography. The Technical Panel will ignore these movements and the Judges will not consider these movements as one of the permitted stops.

### **Levels explanations:**

For Basic Novice Free Dance, in all Required Elements, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Duration: 2:30 min, +/- 10 sec

All Program Components are judged.



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The factor of the Program Components is 1.0

### **INTERCLUB FIGURE SKATING COMPETITION** **(in accordance with Polish Figure Skating Association Rules)**

Technical content will be published soon and will be available on [www.axeltorun.pl](http://www.axeltorun.pl)

**Girls:** Silver Girls (born after 1.07.2006), Gold Girls (born after 1.07.2004)

## **3. ENTRIES**

### **3.1 Entries of Competitors**

ISU Members must enter their competitors/couples and their substitutes via the electronic registration system at [www.mentorcup.pl](http://www.mentorcup.pl)

#### *Entry Form for Competitors/Couples*

All competitors must be entered through their respective Member Federation/Association. Entries by numbers and then by names must be made through electronic registration system. After registering at [www.mentorcup.pl](http://www.mentorcup.pl) login details will be emailed to Member Federation/Association

Michał Kaliszek  
Tel. +48 601 994 269  
Email: [michalkaliszek@mentorcup.pl](mailto:michalkaliszek@mentorcup.pl)  
Fax. +48 56 669 33 04

The organizer must receive Preliminary entry not later than **November 6<sup>th</sup>, 2015**.

Entries by names must be sent not later than: **November 27<sup>th</sup>, 2015**.

### **3.2 Entries of Judges**

Each participating Federation should nominate one judge with the qualification "Judge for International competitions" or "ISU Judge" and the second one in case of the entry for the Ice Dance event (the second judge should have the qualifications for both categories – Ice Dance and Figure Skating). The judges have to be on the current ISU list of judges. The organizer decides on the composition of the panel of judges. In case of too many nominated judges the organizer will draw the panel of judges after the closing date for the entries. The written confirmation will be sent to each federation immediately.

All judges must be entered through their respective Member Federation/Association.

Entries must be sent not later than: **November 21<sup>th</sup>, 2015**.

#### **Technical Delegate**

Aniela Hebel-Szmak  
email: [anielahs@gmail.com](mailto:anielahs@gmail.com)

### **3.3 Entries of Team Officials**

Official entries of Team Leaders, Team Officials, Coaches/Choreographers, Team Medical staff etc. must be made together with the entries for Competitors and Judges.

## **4. ENTRY FEE**

With the entry to the competition, the entry fee must be paid as follows:

50 Euro per skater  
70 Euro per Pair

**The entry fee will not be refunded in case of withdrawals for any reason.**

**Entry fees are required at time of final entries, no later than: November 27<sup>th</sup>, 2015**



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Entry fee can be paid by PayPal system at the moment of registration or by bank transfer within 5 days after registration. After 5 days non paid entries will be automatically deleted.

In case of bank transfer, please make the payment to:

**MKS Axel 87-100 Toruń ul.Szosa Chełmińska 177-188,  
MilleniumBank O/Toruń, PL 47 1160 2202 0000 0001 9906 7335 SWIFT BIGBPLPW.**

In case no judge has been entered by the respective Member Federation the entry fee for a single skater the amount will increase to € 70,00 and for a pair/couple to € 90,00.

### **5. MEALS, LODGING and TRAVEL EXPENSES**

The organizer will arrange full board accommodation for the Officials - Referees, Judges, TC, TS and D&V/O beginning with dinner January 5<sup>th</sup> until breakfast on January 11<sup>th</sup>, 2016. The travel expenses will be covered only for Referees, TC, TS and D&V/O.

The organizer will not be able to cover any expenses for competitors, team leaders and coaches.

### **6. MUSIC / PLANNED PROGRAM CONTENT**

In accordance with Rule 343, paragraph 1, all discs must show the Competitor's name, the Nation and the exact running time of the music (not skating time) including any starting signal and must be submitted at the time of registration. Each program (short program, free skating, short dance, free dance) must be recorded on a separate disc. In addition competitors/couples must provide a back-up drive for each program.

With the entry forms, the "Program Content Sheet" must return to the Organizing Committee in time. It is mandatory that the Program Content Sheet must be filled in precisely by each Skater/team in English using the terminology for the elements listed in the respective ISU Communication.

Labeled CDs should be delivered to the organizer immediately after the arrival at the ice rink.

### **7. OFFICIAL HOTEL**

#### **Hotel Mercure Toruń Centrum**

Ul. Kraszewskiego 1/3

87-100 Toruń

tel.: +48 56 6196550

[H3421@accor.com](mailto:H3421@accor.com)

#### **Hotel Filmar**

Ul. Grudziądzka 45

87-100 Toruń

tel.: +48 56 66 94 800

tel.: +48 56 66 94 811

[biuro@hotelfilmar.pl](mailto:biuro@hotelfilmar.pl)

Hotel rates: including breakfast:

**single room: approx. 65 EUR (260 PLN) – per room**

**double room: approx. 80 EUR (315 PLN) – per room**

**The official hotels for Mentor Nestle Nesquik Toruń Cup 2016 are Hotel Mercure Toruń Centrum and Hotel Filmar.**

**Please make your reservation directly in the Hotel Mercure Toruń Centrum and Hotel Filmar, to take advantage of special price please give password "AXEL" during reservation.**

The organizer provides transportation to the ice rink arena only from the official hotels.



## 8. SHUTTLE BUS SERVICE

Organizer will provide shuttle bus between: official hotels - Ice rink.  
Exact bus schedule will be sent to participating federations before competitions.

There is transportation arranged between hotel and airport.  
Transportation fee is as follows:

Warszawa Airport to Toruń	– 60 Euro/per person/one way
Gdańsk Airport to Toruń	– 50 Euro/ per person/one way
Bydgoszcz Airport to Toruń	– 30 Euro/ per person/one way

Transportation for Officials will be arranged upon arrival and departure (airport or railway station).

## 9. RESULTS

The marking system (ISU Judging System) as described in Technical Rule Single & Pair Skating 2014, Rule 352 and Rule 353 (Determination and publication of results) will be used.

## 10. PRESENTATION

The three best placed Skaters/Couples in each event will be announced and honored. The national anthem of the winner will be played and the flags of the medal winners hoisted.

## 11. INSURANCE / LIABILITY

In accordance with Rule 119, it is the sole responsibility of each Member participating in the Mentor Nestle Nesquik Toruń Cup 2015, to provide medical and accident insurance for their athletes, officials and all other members of the Member's team. Such insurance must assure full medical attendance and also the return to the home country by air transport or by other expeditious means of the ill or injured person.

The Organizer assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection incurred by Competitors and Officials. The medical emergency service will be present at the ice-rink during the Competition.

## 12. PRIZES

The Organizer will award the top three skaters/couples as follows:

### **Men and Ladies (Senior)**

1st place: 1200 Euro  
2nd place: 600 Euro  
3rd place: 300 Euro

### **Pairs and Ice Dance (per couple) (Senior)**

1st place: 1600 Euro  
2nd place: 800 Euro  
3rd place: 400 Euro

and

### **Junior Men and Ladies**

1st place: 500 Euro  
2nd place: 250 Euro  
3rd place: 125 Euro

### **Junior Pairs and Ice Dance (per couple)**

1st place: 600 Euro  
2nd place: 300 Euro  
3rd place: 150 Euro



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Payments will be made through the respective National Associations as per ISU Rule 102. The withholding tax of 20% will be deducted according to Polish law.

### **13. VICTORY CEREMONY**

The three best-placed skaters/couples in each event in senior categories will be announced and honoured at the official Victory Ceremony, **Saturday, January 9<sup>th</sup>, 2016**.

All other categories will have Victory Ceremonies immediately after the conclusion of each free program/dance. Skaters/couples are expected to be ready for any ceremony and/or prize awards and participate in press conferences and/or social events if asked by the Organizers

Also the three best placed skaters/couples in each event as well as the invited guests, must participate in the Exhibition Gala at **4:00 – 6:00 p.m. on January 9<sup>th</sup>**, with an appropriate program, or the prize money will not be paid.

### **14. ON-LINE BROADCAST**

Live streaming of all competition will be available. Details you will find at [www.mentorcup.pl](http://www.mentorcup.pl)

### **15. OFFICIAL WEBPAGE**

All the communications, live results, pictures and more will be available on our web page: [www.mentorcup.pl](http://www.mentorcup.pl)

### **16. TIME SCHEDULE**

Time Schedule will be published soon and will be available on the web site: [www.mentorcup.pl](http://www.mentorcup.pl)